

Resource Guide



Action for a Better Community – Provides programs & opportunities for low-income families and individuals.

Phone: 325-5116

Website: <http://www.abcinfo.org/>

Referral process: This varies based on what program one is interested in.

Insurance: No insurance necessary unless it is for medical assistance programs.

Agape Counseling Associates – Provides therapy and life coaching for individuals, couples, and families

Phone: 585-385-6030

Website: <http://www.agaperoc.org/>

Alternatives for Battered Women – Provides shelter & services for those experiencing domestic violence.

Phone: 232-7353

Website: <http://www.abwrochester.org/>

Big Brother Big Sister – Mentorship program with adult volunteers that work with children.

Phone: 442-2250

Website: <http://www.bbbs.org>

Referral process: Fill out an interest form to potentially be connected to services.

Insurance: Not applicable.

Bivona Child Advocacy Center – Provides services for those that have been physically & sexually abused.

Phone: 935-7800

Website: <http://bivonacac.org/>

Referral Process: This varies based on what program one is interested in.

Insurance: Takes most insurances.

Boike Marriage, Family, and Individual Counseling – Private practice that offers various services

Phone: 385-1950

Referral Process: Call for information

Brighton Psychological Associates – Private practice that offers various services.

Phone: 271-3050

Referral Process: Call for information

Catholic Family Center – Provides services for children, youth, and families.

Phone: 232-1840

Website: <http://www.cferochester.org/>

Referral Process: This varies based on what program one is interested in.

Insurance: Takes most insurances.

Center for Youth Services – Provides various programs & services for youths.

Phone: 473-2464

24 Hour Hotline: 271-7670

Website: <http://centerforyouth.net/>

The Community Place of Greater Rochester – Provides neighborhood-based programs, services, and resources.

Phone: 327-7200

Website: <http://www.communityplace.org/>

Crestwood Children's Center – Provides treatment and services from birth to 21 years old.

Phone: 429-2710

Website: <http://www.hillside.com/CrestwoodFriends.aspx>

Referral process: Parent's call and talk with a social worker about what has been going on to determine if services can be provided through Crestwood.

Insurance: Takes most insurances but does not take MVP

Child Protective Services – Child abuse or maltreatment reporting.

Phone: 461-5690

Delphi – Provides services for those dealing with substance abuse.

Phone: 467-2230

Website: <http://www.delphidrug.org/>

Emergencies

911

Family Access & Connection Team (FACT) – Provides coordination of supports and services for families dealing with behavioral and emotional challenges.

Phone: 753-2639

Website: <http://www.monroecountysystemofcare.org/contact>

Referral process: Parent/Guardian must call with referral and a FACT member will determine if these services are suitable for the child.

Gay Alliance of the Genesee Valley – Provides services for the LGBTQ community.

Phone: 244-8640

Website: <http://www.gayalliance.org/>

Genesee Mental Health Center – Provides various services for children.

Phone: 922-7770

Website: <http://www.rochestergeneral.org/centers-and-services/behavioral-health-network/services/children-and-youth-services-treatment-team/>

Referral Process: Parent/Guardian must call with referral.

Insurance: Most insurances are accepted.

Hillside Family of Agencies – Provides various services for families and children.

Phone: 256-7500

Website: <http://www.hillside.com/>

Referral process: Parent/Guardian must call and talk with a social worker about what has been going on to determine if services can be provided through Crestwood.

Insurance: Takes most insurances including Medicare & Medicaid. Excludes MVP.

Hope Herting Counseling Services – Private practice that provides services in things like stress management, crisis counseling, and those with a history of sexual abuse.

Phone: 420-7966

Website: <http://hopeherting.com/>

Referral process: Parent/Guardian must call and take a short interview to determine if services can be provided through Hope Herting's practice.

Insurance: Does not take any insurances but has the option of being reimbursed through flexible spending accounts.

Huther Doyle – Provides services for drug and alcohol treatment.

Phone: 325-5100

Website: <http://hutherdoyle.com/>

Liberty Resources – Provides help to families and children with residential and non-residential services.

Phone: 410-3370

Website: <http://www.liberty-resources.org/>

Referral Process: Walk-in clinic available during certain hours but one can also call for services to begin.

Insurance: Must have insurance to be seen but accepts most insurances.

2-1-1 Life Line – Provides services for crisis & suicide intervention programs, information, and referrals.

Phone: 211 or 1-877-356-9211

Website: <http://211lifeline.org/>

Linden Oaks Therapy Offices – Provides individual, couples, family, and child/adolescent therapy.

Phone: 585-586-1600

Website: <http://www.lindenoakstherapyoffices.com/>

Mobile Crisis Unit – Provides assistance in crisis intervention.

Phone: 275-5151

Website: <http://www.urmc.rochester.edu/psychiatry/clinical/acute/mobile.aspx>

NY Child Abuse Hotline

Phone: 1-800-635-1522

Website: <http://www.ocfs.state.ny.us/main/cps/>

Planned Parenthood

Phone: 1-800-230-PLAN

Website: <http://www.plannedparenthood.org/planned-parenthood-central-western-new-york>

Rochester General Behavioral Health Network – Provides family and child services, mental health emergencies, and inpatient services.

Phone: 922-2500

Website: <http://www.rochestergeneral.org/centers-and-services/behavioral-health-network/>

Referral Process: No referral process necessary, one must call for an appointment.

Insurance: Takes most insurances.

Rochester Psychiatric Center – Provides services for those with serious mental health challenges.

Phone: 241-1200

Website: <http://www.omh.ny.gov/omhweb/facilities/ropc/facility.htm>

Threshold Center for Alternative Youth Services – Provides services to help with family planning and behavior services.

Phone: 454-7350

Website: http://www.jordanhealth.org/jordanwpcms/?page_id=1078

University of Rochester Strong Behavioral Health – Provides services in areas of mental health, addiction treatments and inpatient services.

Phone: 279-7800

Website: <http://www.urmc.rochester.edu/psychiatry/institute-for-the-family/strong-family-therapy/behavioral-health.aspx>

Referral process: Parent/Guardian must call and take part in a phone screening to better help connect their child to the right resources.

Insurances: Takes most insurances including Medicare, Medicaid, and Fidelis.

Unity Health System – Mental Health Services – Provides mental health services for children, adolescents, adults, and families

Phone: 723-7736

Website: <http://www.unityhealth.org/mentalhealth/>

Referral Process: This varies based on what program one is interested in.

Insurance: Takes most insurances